

ADD-ONS

GARDEN OF LIFE
PLANT PROTEIN
chocolate or vanilla

GARDEN OF LIFE
WHEY PROTEIN
chocolate or vanilla

GARDEN OF LIFE
WHEATGRASS
POWDER

ANCIENT NUTRITION
COLLAGEN
POWDER

ADMITRE & INSPITRE
DETOX ENERGY
GREENS BLEND

ALL ADD-ONS
\$1.00 EACH

Substitutions and/or additions may incur an additional charge.

THREE LOCATIONS SERVING THE GREATER SPACE COAST AREA

6300 N. Wickham Rd #132
Melbourne, FL 32940
321-242-6040

4270 Minton Rd #112
West Melbourne, FL 32904
321-722-1440

1150 Malabar Rd SE #113
Palm Bay, FL 32907
321-729-8311

STORE HOURS:
Monday - Saturday
9:00 am - 7:00 pm

We're Social:   /paradisehealtandnutrition



v.7/22

100% ORGANIC SMOOTHIES & POWER BOWLS



MON - SAT / 9AM - 7PM
PARADISEHEALTHDIRECT.COM



SMOOTHIES

GREEN DREAM

mango, spinach, greens
blend, banana, almond milk

TRIPLE BERRY BLAST

banana, strawberries, raspberries,
blueberries, coconut milk

PEANUT BUTTER CUP

peanut butter, banana, almond
milk, chocolate plant protein

GOOD GOOD GOOD

avocado, banana, pineapple,
spinach, orange juice, coconut milk

PARADISE PB&J

peanut butter, strawberries,
banana, almond milk, vanilla plant
protein

BLUE MERMAID

banana, pineapple, coconut flakes,
blue majik spirulina, coconut milk

PINA COLADA

pineapple, banana, coconut milk,
canned coconut milk, coconut
cream

RASPBERRY ZINGER

banana, raspberry, peaches, ginger,
coconut milk

GREEN DETOX

banana, pineapple, spinach,
avocado, coconut milk, ginger

TURMERIC KICK

banana, carrot, orange, coconut
milk, turmeric powder, ginger

ALL FRUIT SMOOTHIES

\$7⁹⁹

ASK US ABOUT OUR
MONTHLY & SEASONAL FLAVORS

PROUDLY SERVING 100% ORGANIC
SMOOTHIES & POWER BOWLS

POWER BOWLS

ACAI BOWLS

base: acai, banana, strawberries,
coconut milk

PURPLE MONKEY

toppings: granola, banana, kiwi,
coconut, honey

MERRY BERRY

toppings: granola, banana,
strawberry, blueberry, honey

GREEN BOWLS

base: mango, banana, spinach,
avocado, coconut milk

GREEN GLOW

toppings: granola, kiwi,
banana, blueberry, honey

PARADISE BEACH

toppings: granola, banana,
strawberry, coconut, honey

SPECIALTY BOWLS

SURFS UP

base: banana, mango, blue majik
spirulina, coconut milk
toppings: kiwi, blueberries,
granola, coconut flakes, honey

PINK DRAGON

base: banana, dragon fruit,
mango, coconut milk
toppings: strawberries, banana,
chia seeds, coconut, honey

CACAO CRUSH

base: banana, strawberries, acai,
cacao powder, coconut milk
toppings: strawberries, coconut
flakes, sweetened cacao nibs,
honey

SUNSHINE STATE

base: banana, pineapple, mango,
coconut milk
toppings: banana, kiwi, coconut
flakes, granola, honey

ALL BOWLS

\$10⁹⁹

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